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LOCALE MAGAZINE

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Location: The Pool House at Pendry San Diego, 550 J St, San Diego, CA 92101

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Makeup By: Lise Leedy, lise-leedy.com | @liseleedybeautydesign Hair By: Kristee Tamulis, @kristeet

Swimsuit Provided By: Sauvage Swimweer, www.sauvagewear.com Additional Camera Accessories Provided By: AquaTech Imaging Solutions, equatech.net







MAKING THE ISSUE

eving a 4 a.m. wakeup call the night after NYLON Magazine's Young Hollywood Party to en Braving a 4 a.m. wakeup call the right after NYLON Magazina's Young Hollywood Party to ensure she made it to San Diego bright and early. Adelaide Kane skipped into our room at Pendry San Diego in the Gaslamp Quarter. She donned a classic white v-neck, boyfriend jeans and black patent loefers. She headed streight towards heir and makeup, exclaiming "Make me beautifull' to makeup artist Lisa Leedy and heir stylst Kristee Tamulis. A few minutes later, she sat happily in her chair, taking sips of her unswettened latte from Pendry's Provisional, while Leedy applied PACE stellar, Mured and Make-up Designory Commetties products and Tamulis styled her short bob into soft waves using Davines products. "Adelaide had beautiful six in that I wanted to shine through in the images," said Leedy. "I accentuated her det Keatures with a subtle brown smokey eye look that was versatile throughout all the looks of the day."

Soon stylists Johnny Chavez and Jennifer Fetterson walked in, bringing a slew of outfit and accessory options including edgy bildria and monokinia from San Diego's own Sauvage Swimwear. "For this shoot with Adelside, I wented to play with colors and still keep it modern and classic," Chavez seys. "Her outfits needed to bring this sort of elegance, confidence, and sophistication to har Icola:"

When it came time to shoot, Kane fearlessly hopped onto a ledge so photographer Giuseppe DeMasi could snag photos with the stunning San Diego skyline behind her. Don't worry; the views did not steal the show. Throughout the morning, we rotated through this rootkop location to the Pendry's surny roothop Pool House to the flawlessly tiled and swensiy toloby. DeMasi used the Canon 10x Mark II, Aquetach underwater camera housing, Profoto lighting equipment, as well as a light reflector and natural light.

"I wanted to capture her beauty and strength as a person and actress, so my aim was to ju the strong compositional aspects of the city styline and hat a rehistorure with gentle, beautiful and empowering poses. My goal was to make beautiful, empowering and ethereal images that will motivate the next young group of female acresses to follow their dresms," said DeMass.

After we captured the final shots, Kane dried off from her dip in the pool, munched on pizza from Provisional and rushed out to make it back to Los Angeles in time for late afternoon meetings. Thet's a wrap!

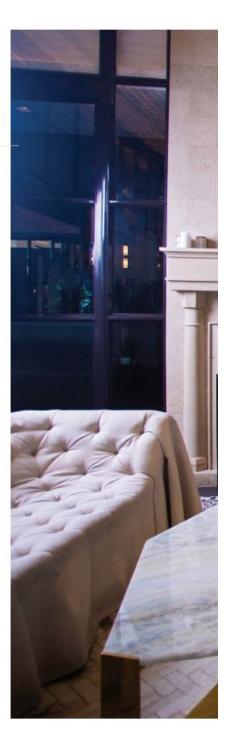


Aussie Actress Adelaide Kane Talks Acting, Keys to Success, Mental Health and Fashion

WRITTEN BY: EMILY TORRES
PHOTOGRAPHED BY: GIUSEPPE DEMASI
STYLED BY: JOHNNY CHAVEZ AND JENNIFER PATTERSON
MAKEUP BY: LISA LEEDY | HAIR BY: KRISTEE TAMULIS

Sassy, loyal and endlessly curious (and armed with a gorgeous Australian accent—she's a native of Perth!), Adelaide Kane is a force to be reckoned with. You may recognize 26-year-old Kane as Mary Stuart, Queen of Scots, in the CW's "Reign," which debuted its final season this past February. The female-led historical fiction follows the early exploits of Mary, Queen of Scots. The show is chock-full of both romance and girl power (not to mention: incredible vintage period dresses).









 $\hbox{``According to my mother, I was always a natural performer."} -A delaide\ Kane$



While Kane is best known for this recent leading role, she's been a performer since she was young. "According to my mother, I was always a natural performer. I was always asking people to watch me put on shows, demanding people let me play nurse and be my patient. I was a very high energy child and needed constant monitoring. It was a good way to get my energy out," says Kane, bubbly as ever. She still retains this youthful high energy she talks about.



Kane began her career at the age of six with commercials, extras work and modeling. However, she pressed pause on

her acting career throughout most of her teems. When she returned to it, her mom and friends encouraged her to enter a talent quest for an Australian soap opera "Neighbours" hosted by Dolly Magazine, a local Australian magazine. Eane reluctantly submitted her tape while sick and expected to go home early on in the competition. She was stunned when she won the role of Lolly Allen on the TV show after a few more rounds of the competition at the young age of 16.

After this transformational role, Kane began to pick up a variety of roles, including spots in "Power Rangers R.P.M." and "Pretty Tough." On the heels of this early success, Kane took a leap of faith and moved by herself from Australia to Los Angeles at age 19.

Kane admits that she was not a savvy 19-year-old and that this move (and subsequent culture shock) took a heavy toll on her. She struggled with homesickness and loneliness in the City of Angels.

There was a moment when I was 21, and I'd been in LA for two years. I went home, and I was so broke and miserable and tired and unhappy and I got really sick. I anded up with a three-day migraine. It was not good," says Kane when asked about her first few years away from Australia. "I essentially had a nervous breakdown over the stress of being in LA. I went into intensive therapy for a weak because all of my symptoms were psychosomatic. I came out the other side being like, 'Alright, if this is something you really want to do, you got to be able to stick it out."

Following this breakdown, Kane gave herself three more months in Los Angeles to assess whether it was worth staying. In those months, she took charge of both her health and career and booked three films back to back and "Feen Wolf." She signed onto "Reign" the next year. In the meantime, she began to make friends and feel increasingly more comfortable in the US.

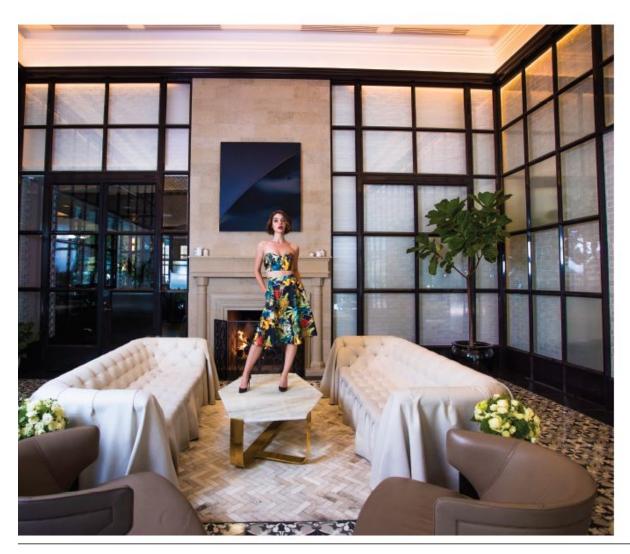




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While Kane admits that those roles and the ones prior were all valuable personally and professionally in

their own unique ways, she credits "Reigh" as the most for mative and the most fur note in her career to date. In addition to long working hours, Kane portrayed love triangles, marriage and motherhood—all experiences she personally has not gone through. Over and over again, Kane repeats that it was the most rewarding experience with a cast that became a giant family.

"I got to play a queen. How many women get to do that?" says Kane. She is both humble and confident at the same time.

On the role of playing Mary, Kane admits that her and the character share a strong sense of stubbornness and an intense loyalty to friends and family. She does make it clear, however, that Mary is far more impulsive, and has a great deal more responsibility) than she is. In contrast to her character, Kane needs to think things through before making decisions and taking action.

When asked what she would do with this amount of responsibility if she were queen for a day like Mary Stuart, Kane carefully ponders for a minute and replies that she would implement permanent social welfare and health insurance. She follows up by adding that she would provide free education forever.

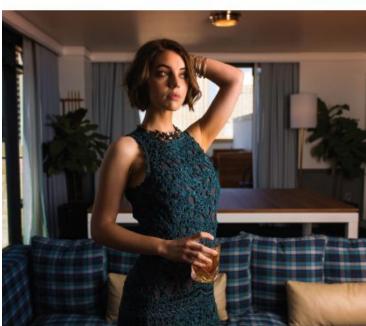
This general outlook carries into her strong opinions regarding mental health, which she is outspoken about with the press and on her personal Twitter feed. Kane opens up about her struggle with generalized anxiety disorder (GAD) and her issue with the stigma surrounding mental illness. She urges people to be more considerate and kind to people struggling with any form of mental illness. She also encourages a larger discussion, as silence keeps the topic of mental health stigmatized. She wants her fans to know it is okay to talk about—and she clearly leads by example. She often provides advice—like managing sleep, hydration and walking-to others uffering, as well. Kane is similarly compassionate about LGBTO rights on her social feeds.

Not only does she utilize her social network feeds for activism and outreach. Kane has become a fashion icon on Instagram and Twitter, though this came as an honest surrorise to her.

"I didn't know that was a thing! I definitely streamlined my personal style a lot more. I told myself I needed to stop dressing for comfort and start dressing for what flatters myself. I can be comfy when I'm home in my house. I want through my entire wardrobe and assessed what was flattering after looking at my body shape in the mirror. What can I get away with? I think there's room for experimentation and fun in fashion, but you have to know your baseline first. Use that as your sounding board," says Kane. She notes that brands like Madewell and Artizia (a Canadian brand) are among her favorites, while also noting that she hopes her shoe choice can be as impressive as Mary Stuart's one day.

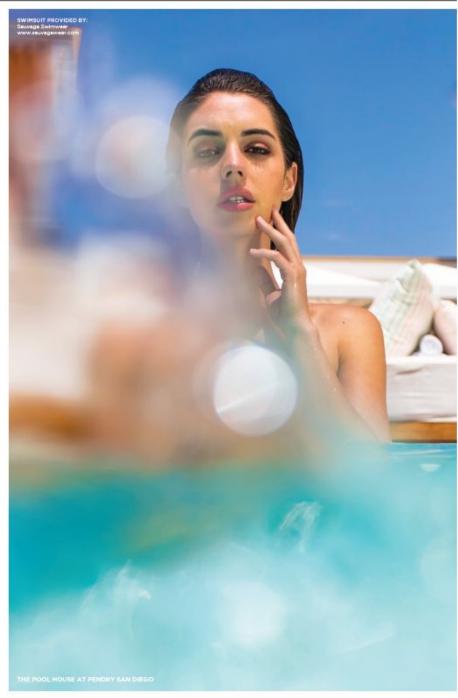
Kane's portrayal of Mary Stuart is coming to end, and while she may have held royal power, her greatest power in life is her drive and work ethic.

You have to believe you can do it. You have to believe you can do it, even in the darkest days and hardest hearts. The only thing holding you back it yourself, "says Kane. "I've always felt like the world is a land of endless opportunity for me, at least, and the only reason I'm not getting where I want to be is because I'm not working hard enough. And sure enough, when I work harder, things happen. You can't expect the world to hand you things."

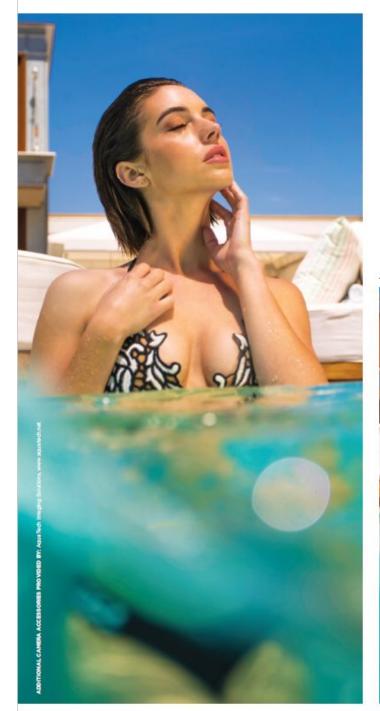




"You have to believe you can do it. You have to believe you can do it, even in the darkest days and hardest hearts. The only thing holding you back is yourself."—Adelaide Kane







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